

☐ Frederick Mall

385 Frederick St, Unit 20A Kitchener ON N2H 2P2 P: 519-749-9555 F: 519-749-9312

☐ Forest Hill Centre

421 Greenbrook Dr, Unit 23A Kitchener ON N2M 4K1 P: 519-569-8592 F: 519-569-7286

☐ Belmont Professional Centre ☐ Medical Centre

564 Belmont Ave W, Suite 101 Kitchener ON N2M 5N6 P: 226-646-4555 F: 226-646-4556

430 The Boardwalk, Suite 108 Waterloo ON N2T 0C1 P: 519-576-8760 F: 519-576-8768

Appointment D/	AY MONTH	YEAR	Location	REQUEST FO	R EXAM FORM	
		ment and bring this form and your (	OHIP card.	DIGITAL ULTRASOUN	D (By appointment only)	
If you arrive late, you may be rebooked at another time and date.				VASCULAR STUDIES	FEMALE PELVIS	
BODY HABITUS (IF KNOWN) Height (cm) Wei			ight (kg)	☐ Carotid arteries ☐ Pelvis ☐ Peripheral arterial legs (ABI) ☐ Transvaginal		
Patient's Last Name		Patient's First Name		Peripheral arterial arms Peripheral venous legs (DVT) OR OL OBil	MALE PELVIS  ☐ Pelvis (transabdominal, includes bladder, prostate, seminal vesicles)  US GUIDED PROCEDURES	
Address		Date of Birth (DD   MM	YYYY)	Peripheral venous arms (DVT)  OR OL OBil		
City Prov	. Postal (	Code Phone #	Mobile #	GENERAL ULTRASOUND	☐ Sonohysterogram ☐ Thyroid FNA biopsy	
Health Card # VERSION CODE				☐ Abdomen ☐ Abdomen/pelvis complete	☐ Other FNA	
Referred By				☐ Abdomen/Pelvis (KUB: kidneys, ureters, urinary bladder)	☐ US guided injection  MUSCULOSKELETAL	
Address				☐ Hernia only	R L Bil	
Phone # Fax #				SMALL PARTS  Face	□ □ □ Shoulder □ □ □ Arm	
Referring Physician's Signature				☐ Thyroid☐ Neck	□ □ □ Biceps	
Provider ID #				☐ Chest	□ □ □ Elbow □ □ □ Wrist	
CC Reports to			Date	Groin (OR OL OBil) Testes/Scrotum	□ □ □ Hand □ □ □ Finger	
Clinical History (MANDATORY) STAT VERBAL Contact #				☐ Soft tissue/lump  OBSTETRICAL	Hip	
				☐ Combined NT + Anatomic  (11–14 wks) + Anatomic (18–20 wks)  ☐ NT ☐ Anatomic ☐ NT (11–14 wks) ☐ Anatomic (18–20 wks) ☐ Fetal growth follow-up ☐ Biophysical profile ☐ Twin Series ☐ Follicular monitoring	Popliteal fossa  Calf Ankle Achilles tendon Foot Plantar fascia Other	
DIGITAL X-RAY   Walk-in appointments accepted				BREAST IMAGING		
CHEST  ☐ Chest (2 views) ☐ Ribs & chest P.A. (OR OL OBil) ☐ Sternum ☐ Chest visa  ABDOMEN ☐ Plain film (KUB 1 view) ☐ Acute (2 views) + P.A chest  GASTRICS (BY APPOINT. ONLY) ☐ Barium swallow ☐ UGI series (double contrast) ☐ Abdomen ultrasound ☐ UGI & SBFT ☐ Small bowel follow-through ☐ Barium enema (Double contrast) Turn over for	SPINE & PELVIS  Cervical spine  Thoracic spine  Lumbar (L/S) spi  L/S spine, pelvis  S.I. joints  Sacrum & coccys  S.I. joints  Pelvis  SKELETAL SURVI  Metastatic serie  Arthritic series  Bone age	& Orbits for MRI	PPER EXTREMITIES  R	□ Mammogram □ Breast Ultrasound □ R ○ L ○ Bil □ Axilla Ultrasound ○ R ○ L ○ Bil  Lesion (please indicate site on image) Previous: □ Yes □ No Where: □ Clinical info: □	⊒High risk (Every year)	



This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHFs, such as those listed on the IHF Program website: http://www.health.gov.on.ca/en/public/programs/ihf/facilities.aspx

# PATIENT INSTRUCTIONS

## FOR DIGITAL ULTRASOUND EXAMS

## NO PREPARATION REQUIRED FOR THE FOLLOWING:

- Transvaginal ultrasound only (no pelvic exam)
- Musculoskeletal ultrasound
- Thyroid ultrasound
- Doppler/Vascular
- · Breast ultrasound

#### **MALE PELVIS**

Drink 1 litre of water (four 8 oz glasses) 1 hour before appointment time. DO NOT go to the washroom as you must have a full bladder for the examination. You may eat regularly.

#### **ABDOMEN**

Includes studies of the **gall bladder**, **pancreas**, **spleen**, **liver**, **kidneys and aorta**. You will need to have an empty stomach for this exam. Nothing to eat or drink for 8 hours prior to your exam.

#### PELVIS OR OBSTETRICAL

Drink 1 litre of water (four 8 oz glasses) 1 hour before appointment time. DO NOT go to the washroom as you must have a full bladder for the examination. You may eat regularly. A transvaginal study may also be requested which involves the insertion of the ultrasound probe into the vagina for optimal visualization of the pelvic structures. The bladder will be emptied for this portion of the examination.

#### **SONOHYSTEROGRAM**

No preparation required. Please consider taking ibuprofen 1 hour prior to the exam as that often helps relax the uterus and lessen the cramping. Please refer to our website for more patient information regarding this examination.

## FOR DIGITAL RADIOLOGY EXAMS

#### **DIGITAL X-RAY**

If there is a possibility you may be pregnant, please contact your physician prior to the X-ray.

# **UPPER G.I. SERIES & BARIUM SWALLOW**

(Booked for morning only.)

Nothing to eat or drink after midnight. Patients are expected to fast through to the end of the procedure.

SMALL BOWEL EXAMINATION ONLY & UPPER G.I. SERIES AND SMALL BOWEL FOLLOW-THROUGH (Booked for morning only. Small Bowel Follow-through appointment duration approximately 2–3 hours.)

## Take 1 day before exam:

- 10 oz (chilled) magnesium citrate at 4:00 PM.
- At least 3 large glasses of water during the afternoon and evening prior to examination.
- Do not have anything to eat or drink after 10:00 PM until the examination is complete.

## **COLON EXAMINATION (BARIUM ENEMA)**

You are required to be on clear fluids for the 2 days prior to this examination. Clear fluids may include fruit juice, bouillon, clear beef or chicken broth, consommé, gelatin, popsicles and coffee or tea with sugar.

2 days before exam: clear fluids.

#### 1 day before exam: clear fluids and take

- 10 oz (chilled) magnesium citrate at 4:00 PM.
- 3 Dulcolax tablets at 6:00 PM (do not crush or chew tablets).
- At least 3 large glasses of water during the afternoon and evening prior to examination.

Day of the exam: may have clear fluids only until examination is complete.

## DIGITAL MAMMOGRAPHY

## On the day of the examination:

- After showering, do not use deodorant, antiperspirant or talcum powder as it may show up on the mammogram.
- Wear a 2-piece outfit for your comfort.

## **BONE MINERAL DENSITOMETRY (BMD)**

No contrast or radioactive exam the previous week. Appointment should not be booked within 2 weeks (can be 1 week if necessary) of having any X-ray exams involving contrast agents or having had a nuclear medicine examination. On the day of the examination, do not take calcium supplements or iron tablets.

# LOCATIONS

# KITCHENER/WATERLOO

# Frederick Mall

385 Frederick St, Unit 20A
Kitchener ON N2H 2P2
P: 519–749–9555 | F: 519–749–9312
X-ray | Ultrasound | MSK |
Vascular Studies | Free Parking

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## **Belmont Professional Centre**

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## **Medical Centre**

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Waterloo ON N2T OC1
P: 519–576–8760 | F: 519–576–8768
X-ray | Ultrasound | MSK | Mammo | OBSP | BMD |
Gastrics | Vascular Studies | Sonohysterogram |
Free Parking

For additional information, or for the operational hours of each of our locations, please contact us or visit our website at www.oxfordmedicalimaging.ca

<sup>&</sup>lt;sup>1</sup> Low risk BMD: Three years after first exam, then every 5 years.